

2016 Russell Freed Jr. Memorial 5K Run / Walk

AND KIDS FUN RUN

Registration Form

Thank you for your interest in our 5K Race! This is a wonderful opportunity to not only honor Russ but to help promote community involvement as well as health and fitness. Multiple prizes will be awarded. Please check out more details on our website and you can always register online at www.active.com

[CHECK OUT OUR WEBSITE FOR RACE DETAILS: WWW.RUSSELLFREEDJRMEMORIAL.WEBLY.COM](http://WWW.RUSSELLFREEDJRMEMORIAL.WEBLY.COM)

Race Date: SUNDAY, September 11, 2016—Race Begins at 9:00 am—Family Friendly

NAME: _____ Birthday: _____ Age: _____

Address: _____

Phone: _____ Email: _____

Will you be registering as a: RUNNER \$25 / WALKER \$20 / KIDS FUN RUN \$15 (circle)
10 and under only

Male / Female (please circle one)

SHIRT SIZE: _____ (regular t-shirt is included—please enclose an additional \$2.00 for shirts sizes XXL and above, an additional \$5.00 if you would like a performance shirt, \$6.00 for performance shirt sizes XXL and above.)

EMERGENCY CONTACT: _____

If you are law enforcement what department do you work for: _____

Please fill out a registration form for each individual participating...including children.

We look forward to seeing everyone at the race!

Please detach and mail to:

Make checks payable to: Russell Freed Jr. Memorial

Return to: Stefani Lucas, 107 Summer Springs Lane, Greensburg, PA 15601